

# UPCOMING CLASSES

## ADULT CLASSES 18 AND UP



**STARTS**  
**AUG 20TH**  
**ENDS**  
**DEC 10TH**  
**1PM-3:30PM**

**Tuesdays**

**Fitness & Basketball/Art**

Long Beach Salvation Army Red Shield  
3000 Long Beach Blvd  
Long Beach, CA 90807

**STARTS**  
**AUG 21ST**  
**ENDS**  
**DEC 11TH**  
**1PM-3:30PM**

**Wednesdays**

**Hip Hop Step Aerobics/Art**

Burrell MacDonald Park  
2516 W Alondra Blvd  
Compton, CA 90220

**STARTS**  
**AUG 22ND**  
**ENDS**  
**DEC 12TH**  
**1PM-3:30PM**

**Thursdays**

**Basketball/Dance**

Lynwood Community Center  
11301 Bullis Rd  
Lynwood, CA 90262

**STARTS**  
**AUG 24TH**  
**ENDS**  
**OCT 12TH**  
**10AM-12PM**

**Saturdays**

**Basketball/Drum Circle**

Long Beach Salvation Army Red Shield  
3000 Long Beach Blvd  
Long Beach, CA 90807



Regional Center Vended Program  
Vendor Code:PH2694  
Self Determination Accepted